

## STATE of MINNESOTA

## Proclamation

WHEREAS: The Minnesota State Fair represents "a mirror of Minnesota Greatness, a school for her people, and

a place where all are welcome, entertained and experience the results of the best thought and effort

in all lines of endeavor;" and

WHEREAS: One in five adults experience a mental health problem in any given year, and one in seventeen

adults live with mental illness such as major depression, bipolar disorder, or schizophrenia; and

WHEREAS: It is estimated that between thirteen and twenty percent of children living in the United States

(up to one out of five children) experience a mental disorder in a given year; and

WHEREAS: Early identification and treatment can make a significant difference in the successful management

of mental illness and recovery for both children and adults; and

WHEREAS: The historical stigma surrounding mental illness has prevented Minnesotans from accessing

support and adequarte treatment, allowing otherwise manageable conditions to progress to

serious illnesses with lifelong consequences; and

Whereas: Promoting education and awareness of symptoms of menthal illness, and providing access to care

and support for those seeking treatment is of utmost importance for all Minnesotans; and

WHEREAS: Monday, August 27, 2018 marks Mental Health Awareness Day at the Minnesota State Fair,

engaging thousands of adults and children in conversation and raising awareness about mental health and mental illness through conversations, activities and therapies, and entertainment.

NOW, THEREFORE, I, MARK DAYTON, Governor of Minnesota, do hereby proclaim Monday, August 27, 2018, as:

## MENTAL HEALTH AWARENESS DAY AT THE MINNESOTA

## STATE FAIR



IN WITNESS WHEREOF, I have hereunto set my hand and caused the Great Seal of the State of Minnesota to be affixed at the State Capitol this 24th day of August.

GOVERNOR

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